

## Return To Train – Georgetown Soccer Club – Updated July 18, 2021

### **Introduction:**

As part of the Ontario Soccer Return to Play Guidelines, the Georgetown Soccer Club has prepared the following Return to Train Guide that applies to all Georgetown Soccer Club teams, including Rep, Development, Recreational, House League, Skills and Camps. The GSC Return To Train Guide ensures that all Ontario Government, Ontario Soccer, Peel Halton Soccer Association and Halton Region guidance has been considered to bring a safe and fulfilling soccer experience to every youth. As is the case with the Ontario Soccer Guidelines, the objective for all is the health and safety of all participants. The GSC Return to Train Guide will outline the protocols associated with each of the Steps that have been proposed by Ontario Soccer. Note that amendments to these guidelines will continue to be forthcoming based upon ongoing guidance and direction from our governing agencies and the Ontario Government.

The chart below is intended as a summary **only**. We recommend you read the entirety of the plan below as it provided additional information and guidelines.

|  | <b>Step 1</b>   | <b>Step 2</b>                                | <b>Step 3</b>  |
|--|---|--|--|
| Field Marshal  | Yes   | Yes  | Yes  |
| Physical Distancing for Participants (3M)                        | Yes   | No   | No   |
| Equipment Disinfecting before/after each game/ session           | Yes   | Yes  | Yes  |
| Change Rooms   | No  | No   | Yes  |
| Indoor Activities Permitted                                      | No  | Yes  | Yes  |
| Outdoor Activities Permitted                                     | Yes   | Yes  | Yes  |
| League Games or Scrimmages                                       | No  | Yes  | Yes  |
| Travel to other Districts / Regions                              | No  | Yes  | Yes  |
| Trials/Tryouts/Open Evaluations                                  | No  | Yes  | Yes  |
| Maximum number of participants (players/coaches/match officials) | 10 Per ½ of a full size Field with Physical Distancing (3M) | None   | None   |
| Spectators   | No  | Practices – No<br>Games – 1 adult per player | Yes – To a maximum of 75% capacity for Outdoor and 50% capacity for Indoor |
| Masks / Face Covering  | On Field = No<br>Bench/Sideline = Yes                       | On Field = No<br>Bench/Sideline = No         | On Field = No<br>On Bench = No   |

|                          |     |  |   |
|--------------------------|-----|--|---|
|                          |     |  | In Changerooms & Going To and From Indoor Events = Yes<br>Spectators = Yes in All Areas both Indoor & Outdoor |
| Physical Distancing (2M) | Yes | On Field = No<br>On Bench = No<br>Spectators = Yes | Participants on Field = No<br>Participants on Bench = No<br>Everywhere Else = Yes<br>Spectators = Yes         |
| Covid-19 Health Screen   | Yes | Yes  | Yes   |
| Contact Tracing Sheet    | Yes | Yes  | Yes   |

### GSC Outdoor – Step 3

#### General:

Step 3 of the Ontario Soccer Return To Play Plan is adopted from the Ontario Government guidelines and has been further adapted for Georgetown Soccer Club. In Step 3 Team Training and League Games continue to be permitted and introduce some loosening of previous guidelines. There is no limit to the number of players, coaches and team officials from a squad on each field and teams are not required to social distance while on the bench during a Game. Spectators had previously been limited to Games, with only 1 adult per player, and that has been loosened to permit spectators at all soccer events to a maximum of 75% of the field capacity for Outdoor activities and 50% for Indoor activities. Ontario Soccer recommends that spectators maintain a distance of 2 meters between one another and be masked at all times. Note that the requirement for masks and/or face coverings for spectators appears as a new requirement and reflects a correction on the part of Ontario Soccer as this was meant to be included in the guidelines for Step 2. As Step 3 progresses, Field Marshalls may not be mandatory at all soccer events but will be at the discretion of the VP Rep (for Rep soccer activities) and the VP House League (for House League soccer activities). Players are required to bring their own individual water bottle to practice. Spitting is strictly prohibited. Carpooling is discouraged unless with immediate family members. Spectators are to remain in the appropriate Spectator area of the field for all soccer events. Any spectator who is not able to comply with the Step 3 guidelines is requested to remain in the vehicle or in the parking lot.

Covid-19 Health Screening is to be completed by each player and any person arriving at the field. Covid-19 Health Screening should be completed at home using the Ontario Government online assessment tool found at the following website <https://covid-19.ontario.ca/self-assessment> All completed Contact Tracing is to be submitted to the email [tracingsheets@georgetownssoccerclub.com](mailto:tracingsheets@georgetownssoccerclub.com) within 24 hours of the practice session. In game situations, it is the responsibility of the GSC Team to complete their Covid-19 Screening for their team and spectators, and it is the responsibility of the opposing team to complete their own Covid-19 Screening. Note that all visiting teams must be obliged to follow the rules of the GSC Return to Train Plan with no exceptions.

Games will not include unnecessary contact between players. High Five's and/or handshakes between players, officials and match officials is prohibited.

#### Communications:

Team Managers will use their existing Javelin platform as the method to post their schedules, log the results of a successful Covid-19 screening and submission of the completed screening to the Georgetown Soccer Club. All Team Managers and Coaches will have received an email with instructions to complete the set up of Javelin in advance.

#### Forms (For New Players):

There are Waiver Forms that need to be completed and are available online as part of the GSC Registration Process. Each Parent is required to complete the new Parent Waiver form, each Team Official (Coach, Assistance Coach, Manager, Team Manager and any volunteer associated with a team) is expected to complete the Team Official Waiver form. In addition, there is an Informed Consent form that must be completed by each family.

### Equipment:

No pinnies, except for pinnies that have been provided in advance which are cleaned and sanitized and distributed individually to each player, are permitted. Pinnies are not to be collected back by the coach as they are to remain with the player.

Soccer Nets may be utilized as part of a practice session, but only after sanitization has been completed. If a Goalie is part of the practice session, the Goalie may wear their own Goalie gloves after they have been sanitized. Players are not to come into contact with training equipment and they are prohibited from touching, moving, resetting or collecting the coaches equipment, including cones, training sticks and pug nets.

Teams are responsible for having their own sanitization and PPE. All teams are expected to carry gloves and face coverings as part of their First Aid Kit and have that available at all times. All teams are responsible for their own sanitization spray to sanitize soccer balls and nets.

In all Home GSC Games, it is the responsibility of the GSC Home team to sanitize both nets and the benches prior to use, and again at the end of the game.

### Arrival:

Players may arrive no earlier than 5 minutes prior to the start of the training session and will be required to wait in the parking area. Arrival time for Games may be up to 30 minutes prior to the scheduled kickoff in order to complete their warm up. Upon entry on the field, each Player is required to check in with the Team Manager or designate at the side of the field and must have successfully completed their online Covid-19 screening and check in on the Javelin app. Failure to have completed a successful check in ahead of the practice will result in the player being ineligible to participate in the sessions. Masks or face coverings are optional and are not required.

Players may take their bag, coat, outside footwear, etc., with them onto the soccer field when they enter and place it at the edge of the field, ensuring there is a minimum of 2 meters between their gear and that of the other player.

Spectators may enter the designated spectator area of the field. In the unlikely event that the number of spectators exceeds 75% capacity limit, a Field Marshall or Club official may need to ask some spectators to observe from the parking lot.

### Sanitization:

All Players, Coaches and Team Officials are required to sanitize their hands upon arrival at the field.

All Equipment is to be sanitized by the Team prior to starting each training session, including;

Soccer Nets – Note that GSC is requesting the Goal Post and Cross Bar of the net be sanitized but it is no longer required to sanitize the mesh on the net.

Training Equipment, such as Pug Nets, Training Sticks and Cones

Note that in Game situations, it is the responsibility of the Home GSC Team to sanitize both sets of nets along with both the home and the away bench prior to the start of the game.

A Goalie is required to sanitize their goalie gloves prior to use.

Sanitization is to be completed at the start and at the close of each training session.

Departure:

All Players will sign out at the conclusion of the session and exit the field immediately.

Contact Tracing:

Each team is required to use the Javelin app to submit their completed Contact Tracing to the Club within 24 hours.

Washroom Facilities:

If a washroom is available at the field, the guidelines of the facility regarding capacity must be adhered to. Any Player or Coach who departs the field of play to use the washroom must sanitize prior to reentering the field. Portolet facilities located on outdoor fields are maintained by the Town of Halton Hills are not the responsibility of Georgetown Soccer Club.

Violation of Procedures:

It is the responsibility of all Coaches and Team Officials to know which Zone / Phase that Georgetown Soccer Club is in and the procedures associated with that Zone / Phase.

Field Marshalls may be located at the Field of Practice, as required, and will convey the GSC Return to Train Plan procedures. In the event there is an infraction noted, the Field Marshall will address the Coach and bring it to the attention of a Club Official. Any abuse of Field Marshalls or Club Officials will not be tolerated.

Violation of the rules and regulations associated with Georgetown Soccer Club's Return to Train Plan by Team Officials, including Coach, Assistant Coach, Manager, Assistant Manager, and approved Volunteers, will be subject to Discipline, up to and including suspension from all soccer activities.

## GSC Outdoor – Step 2

### General:

Team Training and League Games permitted. No limit to the number of players, coaches and team officials from a squad on each field. There is no requirement for physical distancing between players and coaches, although spectators when permitted during games, must keep a physical distance of 2 meters between one another at all times. A GSC trained and appointed Field Marshall must be present for the entire duration of the training session and/or game and observe the sign in and sanitization process. Players are required to bring their own individual water bottle to practice. Spitting is strictly prohibited. Carpooling is discouraged unless with immediate family members. Spectators are only permitted for games and remain prohibited from practices. During Games, only 1 adult spectator per player is permitted in the designated Spectator area of the field, and each spectator must remain 2 meters apart at all times. All other individuals are prohibited and must remain in their vehicle or in the parking lot.

Covid-19 Health Screening is to be completed by each player and any person arriving at the field. Covid-19 Health Screening should be completed at home using the Ontario Government online assessment tool found at the following website <https://covid-19.ontario.ca/self-assessment> All completed Contact Tracing is to be submitted to the email [tracingsheets@georgetownsoccerclub.com](mailto:tracingsheets@georgetownsoccerclub.com) within 24 hours of the practice session. In game situations, it is the responsibility of the GSC Team to complete their Covid-19 Screening for their team and spectators, and it is the responsibility of the opposing team to complete their own Covid-19 Screening. Note that all visiting teams must be obliged to follow the rules of the GSC Return to Train Plan with no exceptions.

### Communications:

Team Managers will use their existing the newly launched Javelin platform as the method to post their schedules, log the results of a successful Covid-19 screening and submission of the completed screening to the Georgetown Soccer Club. All Team Managers and Coaches will have received an email with instructions to complete the set up of Javelin in advance.

### Forms (For New Players):

There are Waiver Forms that need to be completed and are available online as part of the GSC Registration Process. Each Parent is required to complete the new Parent Waiver form, each Team Official (Coach, Assistance Coach, Manager, Team Manager and any volunteer associated with a team) is expected to complete the Team Official Waiver form. In addition, there is an Informed Consent form that must be completed by each family.

### Equipment:

No pinnies, except for pinnies that have been provided in advance which are cleaned and sanitized and distributed individually to each player, are permitted. Pinnies are not to be collected back by the coach as they are to remain with the player.

Soccer Nets may be utilized as part of a practice session, but only after sanitization has been completed. If a Goalie is part of the practice session, the Goalie may wear their own Goalie gloves after they have

been sanitized. Players are never to come into contact with training equipment and they are prohibited from touching, moving, resetting or collecting the coaches equipment, including cones, training sticks and pug nets.

Teams are responsible for having their own sanitization and PPE. All teams are expected to carry gloves and face coverings as part of their First Aid Kit and have that available at all times. All teams are responsible for their own sanitization spray to sanitize soccer balls and nets.

In all Home GSC Games, it is the responsibility of the GSC Home team to sanitize both nets and the benches prior to use, and again at the end of the game.

#### Arrival:

Players may arrive no earlier than 5 minutes prior to the start of the training session and will be required to wait in the parking area. Arrival time for Games may be up to 30 minutes prior to the scheduled kickoff in order to complete their warm up. Upon entry on the field, each Player is required to check in with the Team Manager or designate at the side of the field and must have successfully completed their online Covid-19 screening and check in on the Javelin app. Failure to have completed a successful check in ahead of the practice will result in the player being ineligible to participate in the sessions. Masks or face coverings are optional and are not required.

Players may take their bag, coat, outside footwear, etc., with them onto the soccer field when they enter and place it at the edge of the field, ensuring there is a minimum of 2 meters between their gear and that of the other player.

Spectators (for Games only) may enter the designated spectator area of the field. There is to be no more than 1 adult per player in the spectator area of the field. If there is more than 1 adult per player in the spectator area for a game, the Field Marshal will work with the Coach and/or Team Official to have the number reduced to only what is permitted. In the event the situation is not satisfactorily resolve, the Club has the right to cancel the game, withhold further field times and impose additional disciplinary actions. In the event there are greater than permitted spectator numbers for the opposing team, the same protocols will be followed as the visiting team is required to follow all GSC rules and regulations.

#### Sanitization:

All Players, Coaches and Team Officials are required to sanitize their hands upon arrival at the field.

All Equipment is to be sanitized by the Team prior to starting each training session, including;  
Soccer Nets

Training Equipment, such as Pug Nets, Training Sticks and Cones

Note that in Game situations, it is the responsibility of the Home GSC Team to sanitize both sets of nets along with both the home and the away bench prior to the start of the game.

A Goalie is required to sanitize their goalie gloves prior to use.

Sanitization is to be completed at the start and at the close of each training session.

#### Departure:

All Players will sign out at the conclusion of the session and exit the field immediately.

#### Contact Tracing:

Each team is required to use the Javelin app to submit their completed Contact Tracing to the Club within 24 hours.

#### Washroom Facilities:

If a washroom is available at the field, the guidelines of the facility regarding capacity must be adhered to. Any Player or Coach who departs the field of play to use the washroom must sanitize prior to reentering the field and is required to wear a mask or face covering when off the field of play.

#### Violation of Procedures:

It is the responsibility of all Coaches and Team Officials to know which Zone / Phase that Georgetown Soccer Club is in and the procedures associated with that Zone / Phase.

Field Marshalls will be located at the Field of Practice and are responsible for ensuring there is compliance to all established procedures. In the event there is an infraction noted, the Field Marshall will address the Coach and direct them to cease soccer practices, effective immediately, pending an investigation by Georgetown Soccer Club.

Team Officials, including Coach, Assistant Coach, Manager, Assistant Manager, and approved Volunteers, will be subject to Discipline, up to and including suspension from all soccer activities.

#### GSC Outdoor – Step 1

##### General:

Individualized training with a maximum of 10 individuals per ½ of a full size field is permitted. GSC recommends for consistency that players remain on the same ½ of the field for the entire training session unless necessary. All training will consist of individualized training that focuses on skills development with no contact. Players and coaches must remain a minimum of 3 meters apart at all times. A GSC trained and appointed Field Marshall must be present for the entire duration of the training session and observe the sign in and sanitization. Players are required to bring their own individual water bottle to practice. Spitting is strictly prohibited. Carpooling is discouraged unless with immediate family members. Spectators are prohibited and must remain in their vehicle or in the parking lot.

Covid-19 Health Screening is to be completed by each player and any person arriving at the field. Covid-19 Health Screening should be completed at home using the Ontario Government online assessment tool found at the following website <https://covid-19.ontario.ca/self-assessment> All completed Contact Tracing is to be submitted to the email [tracingsheets@georgetownssoccerclub.com](mailto:tracingsheets@georgetownssoccerclub.com) within 24 hours of the practice session.

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### Equipment:

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Soccer Nets may be utilized as part of a practice session, but only after sanitization has been completed. If a Goalie is part of the practice session, the Goalie may wear their own Goalie gloves after they have been sanitized. No player other than the Goalie is to touch the soccer ball with their hands. Players are never to come into contact with training equipment and they are prohibited from touching, moving, resetting or collecting the coaches equipment, including cones, training sticks and pug nets.

Teams are responsible for having their own sanitization and PPE. All teams are expected to carry gloves and face coverings as part of their First Aid Kit and have that available at all times. All teams are responsible for their own sanitization spray to sanitize soccer balls and nets.

### Arrival:

Players may arrive no earlier than 5 minutes prior to the start of the training session and will be required to wait in the parking area. Upon entry on the field, each Player is required to check in with the Team Manager or designate at the side of the field and must have successfully completed their online Covid-19 screening and check in on the Javelin app. Failure to have completed a successful check in ahead of the practice will result in the player being ineligible to participate in the sessions. Masks or face coverings must be worn by all players, Team Officials, Coaches and Volunteers when off to the side of the playing field and may only be removed when entering the field for the session.

Players may take their bag, coat, outside footwear, etc., with them onto the soccer field when they enter and place it at the edge of the field, ensuring there is a minimum of 3 meters between their gear and that of the other player.

### Sanitization:

All Players, Coaches and Team Officials are required to sanitize their hands upon arrival at the field.

All Equipment is to be sanitized by the Team prior to starting each training session, including;  
Soccer Nets  
Training Equipment, such as Pug Nets, Training Sticks and Cones

A Goalie is required to sanitize their goalie gloves prior to use.

Sanitization is to be completed at the start and at the close of each training session.

Departure:

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If a washroom is available at the field, the guidelines of the facility regarding capacity must be adhered to. Any Player or Coach who departs the field of play to use the washroom must sanitize prior to reentering the field and is required to wear a mask or face covering when off the field of play.

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Field Marshalls will be located at the Field of Practice and are responsible for ensuring there is compliance to all established procedures. In the event there is an infraction noted, the Field Marshall will address the Coach and direct them to cease soccer practices, effective immediately, pending an investigation by Georgetown Soccer Club.

Team Officials, including Coach, Assistant Coach, Manager, Assistant Manager, and approved Volunteers, will be subject to Discipline, up to and including suspension from all soccer activities.